



# RCA Lunch Menu

## November 2018

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Grade: \_\_\_\_\_

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

# of Entrees \_\_\_\_\_ x \$3.55 = \_\_\_\_\_  
 # of Extra \_\_\_\_\_ x \$2.25 = \_\_\_\_\_  
 # of Only Milk \_\_\_\_\_ x \$0.50 = \_\_\_\_\_  
 Total = \_\_\_\_\_

Parents please  
 calculate your total for the month.

**Due: 10/23**

Hot: Spaghetti w/ Meatballs 1 Cold: Chicken Caesar Wrap	Dominos Cheese Pizza 2 Slice
Mixed Green Salad Banana WG Bread Stick	Lettuce Salad Fresh Vegetables Fresh Fruit
Only Milk	Only Milk

**Menu Options**  
 Circle one each day:  
 Hot Entrée  
 Cold Entrée

Note: Friday is pizza slice only, no cold entrée choice.

Want an Extra Entrée?  
 Write the number 2 on the date along with circling the menu option.

Does your child bring a lunch from home but would like to purchase milk?  
 Circle "Only Milk"

Child lunch \$3.55  
 Extra lunch \$2.25  
 Adult lunch \$3.55  
 Milk only \$0.50

\*All sandwiches come with fruit and vegetables.  
 \*All salads come with breadstick and fruit of the day.

\*All items are subject to change

Hot: Baked Chicken Tenders 5 Cold: Turkey, Cheddar on a bun  Baby Carrots Sliced Pears Sun Chips  Only Milk	Hot: Lasagna Roll 6 Cold: Chicken Cheddar Wrap  Mixed Green Salad with Golden Italian Dressing Banana W.G. Bread Stick  Only Milk	Hot: Chicken Breast on bun 7 Cold: Beef Taco Salad  Fresh Broccoli Red Grapes  Only Milk	Hot: Soft Beef Taco x2 8 Cold: Chicken Caesar Wrap  Lettuce and Cheese Seasoned Black Beans Red Apple Tortilla Chips and Salsa  Only Milk	<del>Dominos Cheese Pizza 9 Slice  Lettuce Salad Fresh Vegetables Fresh Fruit  Only Milk</del>
VETERANS DAY EVENT 12 Chicken Tenders  Caesar Salad Breadstick Cookie  Only Milk	Hot: Cheese Omelet 13 Cold: Chicken Cheddar Wrap  French Toast x2 Red Grapes Hash Browns  Only Milk	Hot: Cheese Burger 14 Cold: Beef Taco Salad  Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread  Only Milk	Hot: Turkey Corn Dogs 15 Cold: Chicken Caesar Wrap  Fresh Broccoli Pineapple Chunks Baked Beans  Only Milk	Dominos Cheese Pizza 16 Slice  Lettuce Salad Fresh Vegetables Fresh Fruit  Only Milk
Hot: Chicken Tenders 19 Cold: Turkey, Cheddar on bun  Baby Carrots Sliced Pears Sun Chips  Only Milk	Hot: Mac&Cheese w ham 20 Cold: Chicken Cheddar Wrap  Mix Green Salad with Ranch Banana Slice of W.G. Bread  Only Milk	21 <b>No School</b>		22 <b>Happy Thanksgiving!</b>
Hot: Chicken Tenders 19 Cold: Turkey, Cheddar on bun  Baby Carrots Sliced Pears Sun Chips  Only Milk	Hot: Mac&Cheese w ham 20 Cold: Chicken Cheddar Wrap  Mix Green Salad with Ranch Banana Slice of W.G. Bread  Only Milk	23 <b>No School</b>		
Chicken on a Bun 26 Cold: Turkey, Cheddar on a Bun  Fresh Broccoli Orange Sun Chips  Only Milk	Lasagna Roll 27 Cold: Chicken Cheddar Wrap  Mixed Green Salad with Ranch Sliced Pears WG Bread Stick  Only Milk	Cheese Burger on Bun 28 Cold: Turkey Ham, Swiss on bun  Baked Beans Carrots Red Apple  Only Milk	Beef Taco x2 29 Cold: Chef Salad  Lettuce, Cheese Sliced Cucumbers Red Grape Tortilla Chips and Salsa  Only Milk	Dominos Cheese Pizza 30 Slice  Lettuce Salad Fresh Vegetables Fresh Fruit  Only Milk