

of Entrees _____ x \$3.55 = _____
 # of Extra _____ x \$2.25 = _____
 # of *Milk _____ x \$0.50 = _____
 Total = _____

Parents please
 calculate your total for the month.
Due: 9/25

RCA Lunch Menu October 2018

Name: _____

Grade: _____



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Baked Turkey Corn Dog 1 2 Turkey, Cheese on a Bun Baby Carrots Sliced Pears Sun Chips Milk	1 Cheese Burger on a Bun 2 2 Chicken Cheddar Wrap Seasoned Hash Browns Fresh Broccoli Red Apple Milk	1 Fettuccini with Meatsauce 3 2 Beef Taco Salad Mixed Green Salad Pineapple Tidbits W.G. Bread Stick Milk	1 Cheese Bread 4 2 Chicken Caesar Wrap Marinara Sauce Mixed Green Salad Banana Milk	Dominos Cheese Pizza 5 Slice Lettuce Salad Fresh Vegetables Fresh Fruit Milk
1 Baked Chicken Tenders 8 2 Turkey, Cheddar on a bun Baby Carrots Pineapple Tidbits Sun Chips Milk	1 Lasagna Roll 9 2 Chicken Cheddar Wrap Mixed Green Salad with Golden Italian Dressing Banana W.G. Bread Stick Milk	1 Chicken Breast on a bun 10 2 Beef Taco Salad Slice of Cheese Fresh Broccoli Red Grapes Milk	1 W.G. Soft Beef Taco x2 11 2 Chicken Caesar Wrap Lettuce and Cheese Seasoned Black Beans Red Apple Tortilla Chips and Salsa Milk	Dominos Cheese Pizza 12 Slice Lettuce Salad Fresh Vegetables Fresh Fruit Milk
1 Sloppy Joe on a Bun 15 2 Turkey, Cheddar on a Bun Baby Carrots Red Apple Sun Chips Milk	1 Cheese Omelet 16 2 Chicken Cheddar Wrap French Toast x2 Sliced Peaches Hash Browns Milk	1 Cheese Burgers 17 2 Beef Taco Salad Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	18	19
1 Chicken Patty on bun 22 2 Turkey, Cheddar on bun Baby Carrots Sliced Pears Sun Chips Milk	1 Mac & Cheese with ham 23 2 Chicken Cheddar Wrap Mix Green Salad with Ranch Banana Slice of W.G. Bread Milk	1 Turkey Corn Dog 24 2 Beef Taco Salad Fresh Sliced Cucumbers Fresh Orange Milk	1 Chicken Taco 25 2 Chicken Caesar Wrap Lettuce and Cheese Seasoned Black Beans Red Apple Tortilla Chips with Salsa Milk	Dominos Cheese Pizza 26 Slice Lettuce Salad Fresh Vegetables Fresh Fruit Milk
1 Baked Chicken Tenders 29 2 Turkey, Cheddar on a Bun Baby Carrots Red Grapes Sun Chips Milk	1 BBQ Beef Riblet on Bun 30 2 Chicken Cheddar Wrap Shredded Cheddar Cheese Seasoned Hash Browns Fresh Broccoli Sliced Pears Milk	1 Baked Chicken Breast 31 2 Turkey Ham, Swiss on bun Mashed Potatoes Grape Tomatoes Red Apple W.G. Dinner Roll Milk		

Menu Options

Circle one each day:

1 Hot Entrée

2 Cold Entrée

Note: Friday is pizza slice only, no cold entrée choice.

Extra Entrée?

Write the number 2 on the date along with circling the menu option.

ONLY Milk
 EXTRA Milk
 *Circle "Milk"

Child lunch \$3.55
 Extra lunch \$2.25
 Adult lunch \$3.55

*All sandwiches come with fruit and vegetables.

*All salads come with breadstick and fruit of the day.

*All items are subject to change