



RCA School Lunch Menu

March 2018

Student First & Last Name: _____

Grade: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

of Entrees _____ x \$3.55 = _____
 # of Extra _____ x \$2.25 = _____
 # of *Milk _____ x \$0.50 = _____
 Total = _____

Parents please
 calculate your total for the month.

Due: 2 / 20

*****Grades 1-3***
 March 14 / Field Trip
 Must bring home
 lunch.**

1 Pasta, Cheese, Chicken 1
 2 Chef Salad
 Mixed Green Salad with
 Italian Dressing
 Red Grapes
 WG Bread Slice
 Milk

1 Cheese Pizza 2
 2 Turkey Sub
 Baked Beans
 Fresh Carrots & Celery Sticks
 Fresh Orange
 Milk

Menu Options

Circle one each day:

- # 1 Hot Entrée
- # 2 Cold Entrée

Extra Entrée?

Write the number 2 on the
 date along with circling
 the menu option.

ONLY Milk ...
 EXTRA Milk ...
 Circle "Milk"

Child lunch \$3.55
 Extra lunch \$2.25
 Adult lunch \$4.25

*All sandwiches come with
 fruit and vegetables.

*All salads come with bread-
 stick and fruit of the day.

*All items are subject to
 change

1 Baked Chicken Strips 5
 2 Turkey, Cheddar on a Bun
 Carrot and Celery Sticks
 Fresh Pear
 Sun Chips

Milk

1 Sloppy Joe on a Bun 12
 2 Chef Salad

Baby Carrots
 Red Apple
 Sun Chips
 Milk

1 Turkey Corn Dog 19
 2 Turkey Cheddar on Bun

Carrot and Celery Sticks
 Fresh Pear
 Sun Chips

Milk

1 Chicken Patty on a Bun 26
 2 Chef Salad

Slice of Cheese
 Baby Carrots
 Red Apple
 Sun Chips

Milk

1 Cheese Burger on a Bun 6
 2 Chicken Caesar Salad

Pickle Spear
 Seasoned Hash Browns
 Red Apple

Milk

1 Chicken Alfredo 13
 2 Chicken Cheddar Wrap

Mixed Green Salad with
 French Dressing
 Salad Topping
 Red Grapes
 W.G. Bread Stick

Milk

1 Chicken Breast on a Bun 20
 2 Chicken Caesar Salad

Slice of White Cheese
 Baked Beans
 Sliced Cucumbers
 Banana

Milk

1 Cheese Omelet 27
 2 Chicken Cheddar Wrap

French Toast x2 Syrup
 Hash Brown Potatoes
 Pineapple Chunks

Milk

1 Lasagna Hot Dish 7
 2 Turkey Ham, Swiss on bun

Mixed Green Salad with
 Golden Italian Dressing
 Salad Topping
 Red Grapes
 W.G. Bread Stick

Milk

1 Swedish Meatballs 14
 2 Beef Taco Salad

Mashed Potatoes
 Grape Tomatoes
 Banana
 Slice of W.G. Bread

Milk

1 Italian Hot Dish 21
 2 Beef Taco Salad

Mixed Green Salad with
 Creamy Italian Dressing
 Salad Topping
 Orange
 W.G. Bread Stick

Milk

1 Salisbury Steak 28
 2 Beef Taco Salad

Mashed Potatoes
 Grape Tomatoes
 Banana
 W.G. Dinner Roll

Milk

1 Soft Beef Taco 8
 2 Chef Salad

Lettuce and Cheese
 Seasoned Black Beans
 Fresh Broccoli
 Tortilla Chips with Salsa
 Banana

Milk

1 White Chicken Chili 15
 2 Philly Steak Wrap

Shredded Cheddar Cheese
 Fresh Broccoli
 Pineapple Chunks
 W.G. Dinner Roll

Milk

1 Baked Meatloaf 22
 2 Philly Steak Wrap

Grape Tomatoes
 Red Apple
 Slice of W.G. Bread

Milk

1 Soft Shell Beef Tacos x2 29
 2 Chef Salad

Lettuce, Cheese, Salsa
 Seasoned Black Beans
 Fresh Orange
 Tortilla Chips

Milk

1 Cheese Pizza 9
 2 Turkey Sub

Sliced Cucumbers
 Fresh Orange

Milk

1 Cheese Pizza 16
 2 Chicken Caesar Salad

Mixed Green Salad with
 Ranch
 Orange

Milk

1 Garlic Cheese Bread 23
 2 Turkey Sub

Marinara Dipping Sauce
 Fresh Broccoli
 Pineapple Chunks

Milk

1 Soft Shell Beef Tacos x2 30
 2 Chef Salad