



Redeemer Lunch Menu May 2017

Due on Monday April 24

Name _____

Grade _____

Menu Options

Circle one each day:

#1 Hot Entrée

#2 Cold Entrée:

3 GF = Gluten Free by

DOCTOR'S REQUEST

ONLY

Extra Entrée-write the

Number 2 on the date,

along with the circled

menu option.

*All sandwiches come with fruit and Vegetable of the day.

*All salads come with bread stick and fruit of the day

Child lunch: \$3.55

Extra entrée: \$2.25

Adult lunch #4.25

All items are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Chicken Strips 1 2 Turkey, cheddar on bun 3 Chef Salad Carrot and Celery Sticks Red Grapes Sun Chips	1 Penne Pasta in Meatsauce2 2 Chicken Caesar Salad 3 GF Chicken Caesar Mixed Green Salad with Creamy Italian Dressing Salad Topping Pineapple Chunks	1 Baked Meatloaf in Gravy 3 2 Turkey Ham, Swiss on bun 3 GF Chicken, Rice Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread	1 Chicken Rice Soup 4 2 Chef Salad 3 GF Chicken Breast Fresh Broccoli Orange W.G. Dinner Roll	1 Cheese Pizza 5 2 Turkey, cheese Sandwich 3 GF Chef Salad Sliced Cucumbers Red Apple
1 Baked Chicken Patty 8 2 Chef Salad 3 GF Chicken Breast Seasoned Brown Rice Baby Carrots Pineapple Chunks	1 Chicken Rosa Sauce Pasta9 2 Crunchy Chicken Wrap 3 GF Chicken Caesar Salad Mixed Green Salad with Golden Italian Dressing Salad Topping Banana W.G Bread Stick	1 Cheese Burger 10 2 Beef Taco Salad 3 GF Chicken Breast Garlic Mashed Potatoes with Cheese Grape Tomatoes Fresh Pear	1 Wild Rice Hot Dish 11 2 Steak, Cheddar Wrap 3 GF Chicken Caesar salad Fresh Broccoli Red Grapes W.G. Dinner Roll	1 Cheese Pizza 12 2 Chef Salad 3 GF Chicken, Rice Sliced Cucumbers Orange Tortilla Chips with Salsa Milk
1 BBQ Chicken on a Bun 15 2 Turkey, cheddar on Bun 3 GF Chicken Breast Carrot and Celery Sticks Red Apple Sun Chips	1 Swedish Meatballs 16 2 Chicken Caesar Salad 3 GF Chicken Caesar Salad Mashed Potatoes Grape Tomatoes Pineapple Chunks Slice of W.G. Bread	1 Sliced Chicken Alfredo 17 2 Crunchy Chicken Wrap 3 GF Chicken, Rice Mixed Green Salad with French Dressing Salad Topping Banana W.G. Bread Stick	1 Turkey Corn Dog 18 2 Chef Salad 3 GF Chef Salad Seasoned Hash Browns with Cheese Sliced Cucumbers Red Grapes	1 Cheese Pizza 19 2 Tuna Salad on Bread 3 GF Chicken Caesar Salad Fresh Broccoli Orange W.G. Dinner Roll
1 Sloppy Joe on a Bun 22 2 Chef Salad 3 GF sliced Chicken Seasoned Brown Rice with Black Beans Baby Carrots Chilled Pear Slices	1 Garlic Cheese Bread 23 2 Crunchy Chicken Wrap 3 GF Chicken Caesar Salad Mixed Green Salad with French Dressing Salad Topping Banana	1 Salisbury Steak 24 2 Beef Taco Salad 3 rice,beans Mashed Potatoes Grape Tomatoes Pineapple Chunks Slice of W.G. Bread	1 Chicken, Cheese Pasta 25 2 Steak, Cheddar wrap 3 GF Chicken Breast Marinated Vegetables Red Grapes W.G. Dinner Roll	1 Cheese Pizza 26 2 Chef Salad 3 GF Sliced chicken, rice Shredded Cheddar Cheese Fresh Broccoli Golden Apple
29 Memorial Day Have a Safe Holiday	1 Baked Chicken Nuggets 30 2 Chicken Caesar Salad 3 GF Rice,Beans Seasoned Hash Browns with Cheese Carrot and Celery Sticks Red Apple	1 Lasagna Hot Dish 31 2 Turkey Ham, Swiss on bun 3 GF Chicken Breast Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Bread Stick		